

Start Time	End Time	Time Blocks
8:00 AM	7:00 PM	1h

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 AM		Muay Thai and Dutch Kickboxing	Muay Thai and Dutch Kickboxing	Muay Thai and Dutch Kickboxing	Muay Thai and Dutch Kickboxing	Muay Thai and Dutch Kickboxing	
9:00 AM		Muay Thai and Dutch Kickboxing	Muay Thai and Dutch Kickboxing	Muay Thai and Dutch Kickboxing	Muay Thai and Dutch Kickboxing	Muay Thai and Dutch Kickboxing	
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM							
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM		Muay Thai and Dutch Kickboxing	Muay Thai and Dutch Kickboxing	Muay Thai and Dutch Kickboxing	Muay Thai and Dutch Kickboxing	Muay Thai and Dutch Kickboxing	
6:00 PM		Muay Thai and Dutch Kickboxing	Muay Thai and Dutch Kickboxing	Muay Thai and Dutch Kickboxing	Muay Thai and Dutch Kickboxing	Muay Thai and Dutch Kickboxing	
7:00 PM							